

# Lakeview Community Schools

## Free MIDDLE SCHOOL Breakfast Menu

### October, 2011

#### Every Monday

Low Fat Mozzarella String Cheese  
Whole Grain Fruit Muffin  
Fresh Red Delicious Apple

#### Every Tuesday

Gogurt Stick  
Apple Cinnamon Rice Krispie  
Fresh Banana  
Low Fat Mozz. String Cheese

#### Every Friday

Fruited Yogurt Cup  
Elfin Banana Loaf  
Low fat Mozzarella String Cheese  
Fruit Juice

#### Every Wednesday

Low Fat Mozzarella String Cheese  
Fresh Bagged Sliced Apples  
Very Berry Mini Loaf

#### Every Thursday

Granola Bar  
Applesauce Cup  
Low Fat Mozzarella String Cheese

1% White Milk included with all breakfast meals

